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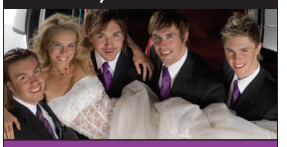
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NHLPA holds auction to help Haiti

Haiti Crisis

AID The NHL Players' Association is stepping up its efforts to help the people of Haiti.

The union announced yesterday that it has launched an online auction, donating several pieces of memorabilia in an effort to raise funds for the Hockey for Haiti project.

Items up for auction include signed jerseys from Sidney Crosby and Zdeno Chara, autographed photos from Alex Ovechkin and Steven Stamkos, and a variety of game-used sticks and game-worn uniforms.

Additional items will continue to be added to the auction, which can be accessed at nhlpa.com.

THE CANADIAN PRESS

News on the Move

What's this barcode for?
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Vancouver Games

Countdown to 2010

Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

• Today — Sisters stick together on ski trails, page 11

On the web

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DARREN KRAUSE/METRO CALGARY

Pastor William Wiegert consoles a family member of 17-year-old Brittney McInnes after the memorial service held yesterday at the Lutheran Church of the Cross. McInnes was found dead in her southwest home last Monday and her stepfather is facing first-degree murder charges in connection with her death.

'One of God's angels'

Over 500 gather for memorial of slain Calgary teenager

KRISTA SYLVESTER
krista.sylvester@metronews.ca

"A child may hold your hand for a moment, but they hold your heart forever."

Those words, delivered in a eulogy, found their way into the hearts of more than 500 people gathered at the Lutheran Church of the Cross yesterday to remember 17-year-old Brittney McInnes, who was found dead in her family's Canyon Meadows home last week.

McInnes' stepfather Bradley Rietze faces first-degree murder charges in relation to her death.

"She will be close to my heart forever."
Blain McInnes, brother

"She was my sister and my best friend, and she will be dearly missed by everyone's lives she has touched," younger sister Katie McInnes told the emotional crowd.

"We have to keep reminding ourselves that she is one of God's angels now, and God is now taking care of her. May she rest in peace. I love you."

Older brother Blain McInnes also spoke fondly of his sister and how her everlasting smiles could light up the room.

Brittney McInnes

"There is so much I will miss about my sister, but I will never forget anything about her. She will be close to my heart forever," he said.

With only Pastor William Wiegert touching upon how her life was tragically snuffed out by evil and asking mourners not to seek revenge, perhaps more telling of McInnes' death was the song Concrete Angel by Martina McBride, which caused many to well up with tears:

"Somebody cries in the middle of the night.

"The neighbours hear, but they turn out the light.

"A fragile soul caught in the hands of fate.

"When morning comes it will be too late."

Gary Rietze also spoke at the eulogy on behalf of the Rietze family and said her loss is a tragic one for all families involved, her friends and classmates.

"It's incredible the amount of lives she touched during her short time on Earth," he said.

Ex-school worker faces drug, sex charges

CRIME Alleged explicit cellphone conversations and text messages with two teenage students led to charges against a 39-year-old woman who worked at Oilfields High School in Black Diamond, Alta., RCMP say.

The woman, who was not a teacher, allegedly started extensive cellphone contact with one boy in the fall of 2007 and another in late 2008, RCMP Sgt. Patrick Webb said yesterday. He wouldn't give their exact ages, but said they were young teens.

After rumours and stories circulated among students, staff investigated the claims and then contacted police, who laid charges after interviewing more than 30 people and collecting electronic records, Webb said.

Neither boy was physically harmed, although there was allegedly physical contact between the woman and one teen, according to police.

A review is conducted every time allegations of misconduct are made, the division said.

"The safety of students is paramount to Foothills School Division and we are very satisfied with both the intensive RCMP investigation into this matter and subsequent follow through," Jim McLellan, superintendent of schools, said in a statement.

Tanya Marie Cossette of Black Diamond faces charges of sexual exploitation and drug trafficking.

THE CANADIAN PRESS

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SCANLIFE

Local

Students can win day at Games

Alberta students from grades 4 to 12 have the opportunity to catch the Olympic spirit with a one-day trip to the Vancouver Olympics. The ATCO Group will send 166 students (with a parent), who can demonstrate, in a 150- to 650-word essay, how they make a difference or provide leadership in their community. The deadline is Feb. 5. For more information visit ATCO.com. METRO CALGARY

News in brief

SENTENCED A Calgary man who fatally stabbed his estranged girlfriend and videotaped her dying breaths has been sentenced to life in prison with no chance of parole for 12 years. Travis Marc Martel was convicted last week of second-degree murder in the Aug. 2008 slaying of Sarah Nicole Rae at his northeast condo. Court heard that the 36-year-old man videotaped Rae's last moments with his cellphone, focusing on a deep stab wound to her chest. METRO CALGARY

Following news stories on Twitter...

CalgaryTweets

@Mizzfittscloset Well glad that work day is done and over with. Its never good when ppl leave work crying.. Thank god I'm not on the chopping block. #yyc

Replies to @JeffMarek Calgary #Flames recall Mikael Backlund from the Abbotsford Heat

@JakeBogoch Well, it couldn't make them any worse. #justsayin

@pjames Desperate times, desperate measures?

metronews.ca WHAT'S ONLINE TODAY

Blogs It's Called Football welcomes ESPN's Ives Galarcep to chat MLS CBA and Toronto FC trade rumours, and Spin-Doctor warns Tory strategists that digital democracy is here to stay.

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Residents home after fire

WYNZIE CHAI
for Metro Calgary

Residents evacuated after Monday's fire in Chinatown were let back into their homes late yesterday afternoon, after hours of uncertainty.

"I was here for an hour on Monday," said local tea shop owner Tony Yao. "I had to leave because the fumes were making me dizzy. Even the residents in buildings that weren't being evacuated were leaving because it got so bad."

About 160 people were evacuated from the apartment behind the burning building on Centre Street when carbon monoxide levels caused by the fire became dangerously high.

"Most of the people that live in the buildings around here are senior citizens," said Yao.

"A lot of them went to stay with relatives until the smoke had cleared, but the residents of the evacuated building didn't get the OK to come back until late afternoon."

WYNZIE CHAI/FOR METRO CALGARY

Firefighters will continue to sift through the rubble of a Chinatown building destroyed by fire earlier this week, searching for the cause of the blaze.

The fire department worked through the day yesterday and then through the night searching for clues to the blaze — and ensuring residents could return safely.

"Obviously our primary objective (was) to get people back into their homes," said fire department spokesman Jeff Budai.

Emergency crews made sure the apartment building was habitable for its residents, with the fire department monitoring air quality of the apartment building, and inspecting the mechanical systems, some of which had been subject to water damage after the firefighter's efforts to stop the flames.

"This is what we do as a city when it's time to come together," said Bruce Burrell, Calgary's emergency-management agency director.

Investigators are still searching for the cause of the fire.

Better taxi regulations key to better service, group says

KRISTA SYLVESTER
krista.sylvester@metronews.ca

How long should someone have to wait for a taxi in Calgary?

You can't compare apples to oranges, the head of Voters For Taxis says, but the reality is Calgary lags behind other cities in taxi-to-population numbers and the city needs to better regulate the taxis we do have.

"The industry is hanging their hat on a 25-year-old ratio. Not only was it calculated incorrectly then, but when you update the data and compare it today, Calgary has dipped below the average," Sandy Jenkins said.

But the real problem, he added, is the way taxis are regulated. "They often sit at the airport and wait for the big fares instead of helping little old grandma home from the grocery store. They pick and choose their customers."

"They often sit at the airport and wait for the big fares instead of helping little, old grandma home from the grocery store."
Sandy Jenkins, Voters For Taxis

Jenkins and Voters For Taxis launched the first of a series of public information sessions yesterday at city hall.

Karen Cameron, technical adviser to Voters for Taxis, cautioned against reading too much into plate-to-population ratios, which can be skewered.

"Even if we had the 'right' number of taxis, demand will not be met if the taxi industry cannot manage the fleet of taxis it has."

m.metronews.ca

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CALGARY OBITUARIES

CalgaryObits.com notes the following deaths in our community:

ARMSTRONG, Edward Albert (Ed)
ARNAULT, Marc Gerard Michael
ASH, Cynthia Ann (nee MacLeod)
BURGESS, Roy Mason
CHRIASTY, John Anthony
CLARK, Jeanette (nee Thomas)
DALE, A. (Gordon)
DONALDSON, Evelyn Ann
ELLIS, Robert (Bob) Sampson
EVANGELISTA, Antonietta Matilda (nee Petrollini)
FRASER, Bernice (Bea) Florence Frances
HOOPER, Asta May Rita (nee Zuckerberg)
HYSHKA, Bernice Frances
ISMOND, Hazel Taylor
JACKSON, Ervie Harvey Willis
JONES, Beryl
KING, David Ross
LAIRD, Robert William (Rob)
LAVERS, Richard James (Dick)
MAHLBERG, Ronald Wayne
MAJNARIC, Ivan John (Cico)
McLEAN, Marie Blanche (nee Pouliot)
MURRAY, Trudy May
NEGENMAN, Diane Lorraine (nee Desnoyers)
NOLIN, Caroline
PARDER, Carole Irene (nee Moszynski)
PARKINSON, George Thomas
SHERWOOD, Gladys (Joy) (Essa)
THACKER, Anne Margaret
WALLACE, John (Jack) Charles Smith
WANLESS, William Alexander Wilkie
WOLF LEG, Trudy Louise
ZAZULA, Karen Lyrae (nee Franks)
ZIVKUSIC, Jure

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Telus receives award for charitable good deeds

Three million hours of community service by former and current Telus employees, combined with $158 million in contributions to charitable and non-profit organization since 2000, has garnered the telecommunications giant the 2010 Freeman Philanthropic Services Award for Outstanding Corporation. METRO CALGARY

News in brief

PROVINCE Alberta Premier Ed Stelmach has shuffled the top three posts in government communications after blaming poor communications for his sagging popularity. But the premier is refusing to answer questions on the changing of his communications director, press secretary, and the head of the Public Affairs Bureau. The bureau was embarrassed after a $25-million rebranding campaign used images of a beach in England to improve the province's global image.

INQUIRY A fatality inquiry judge has cleared police, transit security officers and paramedics of any wrongdoing in the death of a homeless man in a Calgary drunk tank. Woodrow James Threesuns was picked up after he was found sleeping at a light-rail transit station one night in June 2007. The inquiry was told police officers checked his cell every 10 minutes before the 41-year-old man was found unresponsive the following morning.

POLITICS Alberta NDP Leader Brian Mason welcomed Jim Gurnett as the party's new chief of staff. Gurnett — who was named one of Alberta's 50 most influential people by Alberta Venture magazine in 2007 — worked for the NDP caucus from 1990 to 1993 as director of communications and outreach. "This is a dynamic time in Alberta politics and I want to be part of ensuring Albertans hear what the NDP has to offer," Gurnett said.

LONG-TERM CARE The Alberta division of the CUPE will release the results of a member survey on long-term care today. It is expected the survey will show poor conditions in long-term care facilities, a press release yesterday indicated. METRO CALGARY

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KRISTA SYLVESTER/METRO CALGARY

City buskers Karen Sim and Neil Gunhold show off some musical tunes at city hall yesterday as the Cantos Music Foundation celebrated the city's recent endorsement of a $25-million investment in the national music centre.

Musical thanks to city

Buskers celebrate $25M contribution to centre

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Rocking city hall and Plus 15's across the core, over a dozen city buskers celebrated the Calgary's contribution to the Cantos Music Foundation yesterday afternoon.

The animated and enthusiastic buskers donned green shirts and, armed with stringed instruments and their voices, took to the core to thank city council for the $25-million commitment to the Cantos' National Music Centre, says executive director Andrew Mosker.

"It's very exciting and we couldn't be happier with the support from the city. Today we wanted to show our appreciation through music," he said before the event over the lunch hour yesterday. "We have a wide smattering of (music) going on."

Mosker said the $25 million city commitment towards the King Eddy revitalization project will help put Calgary on the musical map for years to come. "This project will be a showcase of Canadian music."

Busker Neil Gunhold said he was excited to participate in the event.

"We've been playing in this city for years so (we) jump at any opportunity to play and show appreciation. I just like to play when I can," he said.

Ald. Druh Farrell took in some of the sights and sounds at city hall and said she was excited about the upcoming work to King Eddy. "This is great for East Village and great for the city as a whole," Farrell said.

Ontario Provincial Police sign up for Twitter
The Ontario Provincial Police force is the latest police agency to join the social media movement by opening a Twitter account. THE CANADIAN PRESS

Canada

Canadians don't trust feds: Report

Deep divide between citizens, government

A new study, on the heels of a public clamour over the suspended winter parliamentary session, claims Canadians are jaundiced about the state of democracy here.

The report, to be released today by the Institute of Wellbeing, says Canada is experiencing "a huge democratic deficit, with trust in Canadian government and public institutions on a steep decline."

"The disconnect between Canadians and those who govern on their behalf is deep, wide, and growing" said Lynne Slotek of the institute. "At a time when people are demanding greater accountability and transparency, they see their government institutions becoming more remote and opaque."

The report on "democratic engagement" comes coincidentally amid protests over Prime Minister Stephen Harper's New Year's decision to halt the last parliamentary session and reconvene only in March. A review of 10 years of data, it does not take into account the reaction to the government's move.

National opinion surveys in recent weeks suggest that Canadians, rather than being disengaged or apathetic, have reacted strongly to Harper's decision to prorogue. It has cost the federal Conservatives dearly, with party support ratings dropping to an almost statistical tie with their main opponents, the Liberals.

TORSTAR NEWS SERVICE

Turnout

- The report says although voter turnout has declined from a high of 69.6 per cent in 1993 to the historic low of about 59 per cent in 2008, it does not mean Canadians are uninterested in politics.

Kelowna **Olympic medallist carries torch**

GARY KYLANDER/THE CANADIAN PRESS/THE DAILY COURIER

Former Olympic silver medallist in rowing Scott Frandsen of Kelowna, B.C., is all smiles after lighting the cauldron during Olympic torch relay ceremonies at Kelowna's City Park on Monday evening, which 15,000 people attended. The Olympic Games are slated to begin on Feb. 12 in Vancouver.

News in brief

OLYMPICS Marijuana advocates and police say the Vancouver's laissez faire attitude towards the infamous B.C. bud won't change. THE CANADIAN PRESS

m.metronews.ca
SCANLIFE
Being named Olympic flag-bearer can sometimes be a difficult honour for harried athletes to accept. Scan this code for the story.

Politician's 'pants' rap becomes Internet hit

POLITICS A New Brunswick politician has become a minor Internet sensation after trying to inject humour into the provincial legislature.

Last Friday, Liberal T.J. Burke said Conservative party Leader David Alward's criticism on the government's plan to sell NB Power assets to Hydro Quebec left the Tory leader with his "pants down." At that point, Burke started rapping "Pants on the ground, pants on the ground, looking like a fool with his pants on the ground," — a ditty made popular by a contestant on American Idol.

THE CANADIAN PRESS

Watch a video of Burke's Pants on the Ground rap at: metronews.ca/canada

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Comment

Apple continues to defy gravity

TheWestView

The question on the collective mind of the media this morning: Can Steve Jobs do it again?

For his first trick, Apple's genius revolutionized the computer by inventing the Mac.

Next, he revolutionized the mobile music universe with the iPod.

Next up, he transformed the mobile phone universe with the iPhone.

This morning, he's poised to unveil Apple's entry in the tablet derby with the iTablet or the iSlate, which will be approximately the same size as those e-reader devices already on the market, such as the Kindle or the Sony e-reader.

And so, naturally, people are asking: Can he do it again?

I hope so. And here's why.

We've been waiting a long time for the Device That Can Do Everything. If Jobs gets it right, the iThing will be that device.

For years, computers have been getting smaller and more mobile until now, where there's a sweet spot between the best smartphone and the lightest, most lavish laptop.

You can do just about anything on a laptop, but it's just a little too clumsy to fit into your modern 21st-century lifestyle. And you can do just about anything on your iPhone. But you have to squint to do it.

The tablet device has all the potential in the world to deliver all the world: Movies, music, games, TV, and the office, as well as The Office. At the same time, it can be an ideal platform for books, magazines, and this newspaper, among others.

In fact, Jobs could save the media. So far, he has defied gravity and convinced millions of people to continue to actually buy music via iTunes, and publishers hope beyond hope he can do the same thing for all content. Because if you build something that people really want, they'll pay for it.

And if Jobs has a secret, he builds things that people want. I was a BlackBerry early adopter and a diehard loyalist — until I discovered the iPhone and all the things it could do. Now? BlackBerry, SchmackBerry.

If newspapers, magazines and books are as easy to buy, navigate, and enjoy on the iThing ("enjoy" being the key word), then maybe we're on the threshold of a media miracle.

There is every indication Jobs knows what's at stake this morning. He has reportedly said this is the most important thing he has ever done. And there are thousands of authors, editors, publishers, producers and presidents who are praying he is right. Again.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: Are you satisfied with Canada's level of aid for Haiti in its time of need?

Geoff Downton
Calgary

A: Yes. We don't want to run the risk of giving them too much of what they don't need.

Matt Stepan
Calgary

A: Maybe. People need to donate to the charities that are either going to match their donation or give 100 per cent of it to Haiti. Some charities take a percentage of the money that could be going to aid victims instead.

Sophie Moggridge
Ottawa

A: No, I don't think so. So much of it goes to administration costs, so everyone in Canada is donating all this money for relief, but a large percentage of it is not even making it to Haiti. That's really frustrating.

Chris Chung
Vancouver

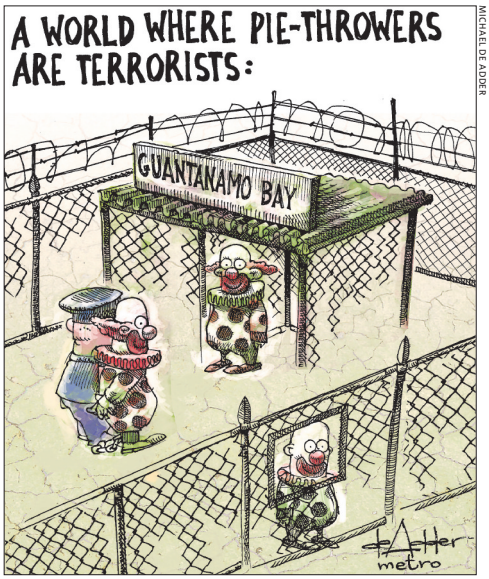
A: Other than the money issue I think we should send more people and volunteers.

Betty Skuffham
Halifax

A: I'm happy so far, as long as they keep giving. Because it's going to take forever to build that country so it can be self-sustaining. But I think so far we've done very well.

Josh Walsh
Toronto

A: Yes, I'm really surprised ... It increases people's incentives to donate when the Canadian government decides to match people's donations. Five dollars is $10, and so on ...



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Facebook not ready to go public yet

Facebook Inc. will focus on wooing users and developers in 2010, rather than courting investors with an initial public offering, board member Jim Breyer said. METRO NEWS SERVICES

World

Book sheds light on John Paul II's life

Pope John Paul II whipped himself with a belt and slept on the floor as acts of penitence and to bring him closer to Christian perfection, according to a new book by the Polish prelate spearheading his sainthood case. The book Why He's a Saint also includes previously unpublished speeches and documents written by John Paul, including one 1989 signed memo in which he said he would resign if he became incapacitated. The book was written by Monsignor Slawomir Oder. THE ASSOCIATED PRESS

India **Balancing act**

KEVIN FRAYER/THE ASSOCIATED PRESS

Indian soldiers stand on a motorcycle during the Republic Day parade in New Delhi yesterday.

News in brief

SRI LANKA Early returns this morning showed Sri Lanka's incumbent president ahead of his estranged former army chief in their bitter race to win the country's first presidential election after its quarter-century war against Tamil Tiger rebels. THE ASSOCIATED PRESS

Fire and brimstone a common refrain in Haiti

Haiti Crisis

Pat Robertson might have plenty of company in Haiti where the streets echo with warnings of fire, brimstone and the wrath of God.

The U.S. televangelist raised an international ruckus with his argument that Haitians' past sins had earned them a punishment from God. Critics have assailed his claims as "cruel" and "ignorant," but the big irony of the furore is that similar musings are a daily occurrence in Haiti.

In this deeply religious, mostly Roman Catholic country, churches are often crowded with people standing on their front steps to get a glimpse inside.

Mio Janvier is among the estimated one million who became homeless after the Jan. 12 earthquake.

She says she hasn't been going to church; the preachers are coming to her.

"They just tell us, 'Jesus is coming back.'"

Nickerson Gay says they're being told they might wind up suffering the same calamitous fate periodically visited upon the infamous sinners of the Old Testament.

"They're saying God hit Haiti because there's a lot of evil and sin going on in the country, which is why God hit us this way."

THE CANADIAN PRESS

m.metronews.ca

ScanLife

Hillary Clinton fires back at critics with spirited defence of U.S. relief efforts in Haiti. Scan this code for the story.

Peace with Taliban part of the plan

AFGHANISTAN How can the hard war in Afghanistan finally be won? That is the perplexing question facing Afghan leaders and 60 foreign ministers including Canada's Lawrence Cannon when they meet at a London conference tomorrow.

The conference will see the unveiling of an ambitious plan to sap the Taliban insurgency by convincing some of its lower- and mid-level fighters to lay down their weapons in exchange for money, job training and other financial incentives.

Taliban leaders say the plan is doomed. THE ASSOCIATED PRESS

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Obama announces new anti-terror plan
U.S. President Barack Obama announced a new plan during his State of the Union address last night to respond faster and better to bioterrorism attacks and public heath threats. THE ASSOCIATED PRESS

Spirit's days of roving Mars are done: NASA

The Mars rover Spirit has logged nearly five miles during six years of rolling around the red planet. It has driven forward, backward and uphill over plains, plateaus, and even a mountain as tall as the Statue of Liberty.

No more.

NASA yesterday declared an end to Spirit's roving career after repeated attempts to free it from a sand pit where it's been stuck for nine months. With Martian winter approaching, the focus instead will turn to improving Spirit's tilt so its solar panels can receive maximum sunlight.

"Spirit has encountered a golfer's worst nightmare: The sand trap that no matter how many strokes you take you can't get out of it," said Doug McCuistion, who heads the Mars exploration program at NASA headquarters.

"Spirit has encountered a golfer's worst nightmare: The sand trap that no matter how many strokes you take, you can't get out of it."
NASA's Doug McCuistion on the Mars rover being stuck in a sand pit for nine months

Trying to look on the bright side, NASA said Spirit can still do research while stuck in place, provided it survives the winter. Scientists wasted no time drawing up new research priorities for the former rover, including studying the planet's core, tracking the weather and examining the soil in detail.

Spirit and its twin, Opportunity, parachuted to opposite ends of the Martian equator in 2004. By poking into craters, drilling into rocks and driving across the bumpy surface, they discovered geological evidence that water flowed on the Martian surface eons ago.

Designed to last three months, both have dazzled scientists and the public by working past their warranty, and they're closing in on the record for the longest-running Mars surface mission.

That achievement is held by the Viking 1 lander, which lasted on the red planet for six years and 116 days.

"We're not giving up on Spirit. Since the start of this mission, we've really done everything that we can to try to squeeze every last little bit of science out of these rovers. We're going to keep doing exactly that," said chief scientist Steve Squyres of Cornell University. THE ASSOCIATED PRESS

Lebanon **Service for crash victim**

HUSSEIN MALLA/THE ASSOCIATED PRESS

People carry a picture of Shiite businessman and Hezbollah supporter Hassan Tajeddine — one of few victims identified from Monday's Ethiopian Airlines crash — in Lebanon yesterday. The pilot of the jet flew in the opposite direction of the path recommended after taking off from Beirut in thunderstorms.

News in brief

BLACK SITES A group of UN human rights experts has published a report on secret detention centres detailing how the United States, China, Russia and others have used them in the fight against terrorism. The 226-page report by UN experts on torture, counter-terrorism, arbitrary detention and forced disappearances will be presented to the global body's Human Rights Council in March. It covers recent use of secret prisons in what has been called the war on terror as well as their use in anti-communist and counterinsurgency operations since the 1940s. THE ASSOCIATED PRESS

Man sentenced after goading children into attacking mother

KANSAS A man who encouraged his children to try to kill their mother by beating her with a baseball bat has been sentenced to 25 years in prison.

The Lawrence Journal-World reports that Arthur Davis III was sentenced Monday for attempted first-degree murder, aggravated kidnapping and contributing to a child's misconduct.

Prosecutors say Davis encouraged his 12-year-old daughter and 15-year-old son to kill his ex-wife last June. After the children began beating her, Davis went to her house and joined the attack. The woman escaped and was treated for cuts to her head. The daughter was granted immunity for testifying against her father. The son entered a plea to a reduced charge of aggravated battery and was sentenced Friday to three years in state custody. He will serve the sentence at a state youth centre. THE ASSOCIATED PRESS

News in brief

NEW HAMPSHIRE A retired teacher who turned 100 earlier this month achieved another major milestone the day before she died: Earning her bachelor's degree. Harriet Richardson Ames got her diploma at her bedside in Concord on Friday. She died the next day. THE ASSOCIATED PRESS

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Canwest auction finds support
The committee representing secured lenders of Canwest Global Communications says there's sufficient committed support to ensure a court-supervised auction of the company's newspapers and online businesses. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Air New Zealand **Skycouches**

AIR NEW ZEALAND/THE ASSOCIATED PRESS

This file photo released by Air New Zealand shows the airline's new Skycouch option. Air New Zealand said yesterday it will set a new benchmark for longhaul flights by offering beds in economy class, but they come with a catch, passengers need to buy three seats to enjoy lie-down travel.

TV viewers skipping ads, report shows

In a world filled with technological distractions, television remains a universal medium but almost no-one is watching the ads, a report by advertising agency Bensimon Byrne warns.

A growing number of Canadians are surfing the web or sending text messages on their cellphones while watching television, the agency said in its quarterly Consumerology report.

As well, many more households own personal video recorders and are using them to skip the ads, according to the report made public at the Advertising Week 2010 event in Toronto.

As a result, only one in five Canadians is giving television commercials their full attention.

"The overall learning from this study is that technology is fragmenting our attention spans dramatically," said Jack Bensimon, president of Bensimon Byrne.

"Advertisers must accept they no longer have a captive audience. Whatever your product, service or message, it needs to be of high interest."

The number of households with PVRs has also risen to 29 per cent.

TORSTAR NEWS SERVICE

Tech bits

- Half of Canadians under 34 spend two hours a day online. But 83 per cent of respondents of all ages consider the Internet "essential" to their daily lives.

In **brief**

PRINTING World Color Press Inc. the Montreal-based printing giant formerly known as Quebecor World, has agreed to be taken over by Quad/Graphics Inc. in order to create a combined company with 30,000 employees. Quad/Graphics Inc. is currently the largest privately held printer in the United States but plans to go public in connection with the World Color takeover. World Color Press is the publicly traded company that was formed after the former Quebecor printing business was restructured under court protection from its creditors.

ECONOMY The International Monetary Fund says the Canadian and global economies will recover more quickly than it had previously predicted, although it warned that this recovery could be stopped in its tracks if stimulus measures are unwound too quickly. The global economic organization said yesterday world economic output will grow 3.9 per cent this year, up from its previous estimate of 3.1 per cent.

THE CANADIAN PRESS

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SCANLIFE

Despite better-than-expected U.S. numbers, jittery investors keep TSX flat. Scan this code for the story.

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Ovechkin's shot lands Hillen in hospital

New York Islanders defenceman Jack Hillen was taken to the hospital last night after being struck in the face by a hard shot from Washington Capitals star Alex Ovechkin. The Islanders said Hillen was taken to the hospital by ambulance to be evaluated. He had skated off the ice with assistance after being hurt during the first period. THE ASSOCIATED PRESS

Sports

Sheets signs with A's

The Oakland Athletics added another veteran arm to their young rotation, agreeing to terms yesterday with free-agent righty Ben Sheets, left, on a $10 million US, one-year contract. The 31-year-old Sheets has been plagued by injuries. The four-time NL all-star didn't pitch in the majors last season while recovering from elbow surgery but last week held a pitching session for several scouts, including ones from the Blue Jays, in Louisiana. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

NFL could head toward season without salary cap

FOOTBALL Rich, powerful and more popular than ever, the NFL gets closer to a doomsday scenario every day.

Without a deal in the next five weeks to preserve the labour peace that has lasted since a bad month in 1987 — anybody remember scab football? — next season will have no salary cap.

That means richer teams such as the Washington Redskins and New England Patriots will be able to far outspend clubs such as Jacksonville and Buffalo for free agents while the Jaguars and Bills might try to pinch pennies to stay in business.

And if no deal can be reached next season, that uncapped, maybe less competitive year will be followed by no NFL at all in 2011. Stay tuned as the nation's most lucrative and most watched sport heads into the Great Unknown.

"It looks very bleak to get a (deal) done before March of this year or the beginning of the new NFL season," says Titans centre Kevin Mawae, president of the players' union.

"We're going to continue to try. ... Until we come to some terms of what's really important and what are the big issues in this deal it's going to be tough to get something done.

"The players are more united than ever before, and we're preparing for a lockout."

THE ASSOCIATED PRESS

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ScanLife

Post-Games, U.S. Olympian Bode Miller hopes to swap his skis for a racket at the U.S. Open. Scan this code for the story.

Not many positives

It's tough to find silver linings during Calgary's persistent struggles

TheHockeyNews

Brian Costello

thehockeynews.com

CHRISTIAN PETERSEN/GETTY IMAGES

A non-factor for the Flames of late, Jarome Iginla has not scored in his past 11 games.

Here's some news and views on the slumping Calgary Flames, losers of seven games in a row.

NEWS: GM Darryl Sutter and coach Brent Sutter vow to "stay the course" and not alter from a defence-first team system and as a result the Flames have fallen to 29th in team offence.

VIEWS: A system that doesn't get a team into the playoffs is a flawed system, especially where it's expected in Calgary. There has to be a compromise. Keep the system, but trade from a position of personnel strength — on the blue-line — in order to acquire a player or players more offensively inclined.

NEWS: Goalie Miikka Kiprusoff has been spectacular this season, worthy of Vezina Trophy consideration.

VIEWS: How much further down the standings would the Flames be in their defence-first system if Kiprusoff was simply good or very good rather than game-saving outstanding?

Well, they're four points ahead of 13th-place St. Louis now so I guess the answer is 13th or 14th in the conference.

NEWS: Jarome Iginla is goal-less in 11 games and almost a non-factor in many recent games.

VIEWS: I refuse to believe Iggy is washed up at 32. Sure, he may have slowed imperceptibly, but have you noticed he no longer has the space in the offensive zone to dangle or uncoil his wrist shot.

Could it be defences are zoning in on him because there are no other legitimate scoring threats on the top line?

The Hockey News thn.com

NEWS: The Flames rank 27th in shots, averaging 28.1 per game. They were eighth in the NHL last year at 32.2.

VIEWS: Are the Flames not scoring because a) they don't have the gifted snipers to generate consistent offence, b) they're simply snake-bitten around the net, or c) they're not shooting enough? Remarkably, 11 of Calgary's 19 regular skaters have a shooting percentage ABOVE their career average, including Iginla, Rene Bourque, Daymond Langkow, Nigel Dawes, Curtis Glencross and Mark Giordano.

They're not snake-bitten. So it has to be either a) or c) or both.

NEWS: The Flames have fallen to 30th in team faceoff percentage at 47 per cent.

VIEWS: What's up with that? They were sixth last year at 51.3 per cent with pretty much the same group of centres.

Didn't coach Brent Sutter used to be one of the top faceoff men in the game during his playing days?

Flames aware of fanbase's plight

HOCKEY The Calgary Flames plan to use their upcoming two-game road trip to get fans back on their side.

In the wake of a 2-0 loss at home to the St. Louis Blues on Monday night, where many of the 19,289 fans in attendance at the Pengrowth Saddledome showed their unrest by booing the Flames off the ice, captain Jarome Iginla urged fans to remain faithful.

"They're disappointed and we know they're frustrated that we're not scoring any goals," said Iginla, who has no goals and just three assists in his past 11 contests. "We're going to come out of it.

"They want to see wins, they want to see goals, they want to have things to cheer about. We're not giving them enough to get off their seats."

Simply put, the Flames haven't even come close to generating enough offence to stay competitive with their opponents during their current seven-game losing streak.

"In the last seven games we've scored nine goals," pointed out Calgary coach Brent Sutter, who's hoping his Flames get back on track during back-to-back games in Dallas and Phoenix before returning home to face the Edmonton Oilers on Saturday night. "That says something.

"It's hard enough on everybody right now. We know what our major issue is and we've got to continue to try and rectify that."

THE CANADIAN PRESS

Fading fast

- Since winning five straight games between Dec. 28 and Jan. 5, the Flames (26-20-6) have gone 1-8-1 to fall from first to third in the Northwest Division and third to ninth overall in the Western Conference.

Sports in brief

QMJHL The Rouyn-Noranda Huskies will appeal the suspension handed by the Quebec Major Junior Hockey League to Patrice Cormier for his hit to the head of Quebec Remparts defenceman Mikael Tam. Coach and GM Andre Tourigny said that the suspension for the rest of the season and the playoffs was "excessive."

NFL The Minnesota Vikings must wait to hear from Brett Favre about whether he'll play next season. Coach Brad Childress says he won't set a deadline for the 40-year-old quarterback to decide. Childress said that he'd prefer to know sooner rather than later, but that the team will plan for both possibilities.

METRO NEWS SERVICES

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Ottawa 3 New Jersey 0
Florida 2 Montreal 1
Los Angeles 5 Toronto 3
Atlanta 2 Anaheim 1
Columbus 3 Nashville 2
Phoenix 5 Detroit 4 (OT)
Washington 7 N.Y. Islanders 2
Chicago 4 Edmonton 2

NBA

YESTERDAY'S RESULTS

L.A. Lakers 115 Washington 103
New York 132 Minnesota 105
Dallas 108 Milwaukee 107
Charlotte at Phoenix
Golden State at Sacramento

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3. Shawn Tschritter	AB, CA	740	293	437	730
4. Kyle Turk	NS, CA	750	315	413	728
5. Cole Warren	NS, CA	729	267	458	725
6. Christian Gagnon	NB, CA	705	295	428	723
6. Jean-Paul Osborne	QC, CA	739	288	435	723
8. Joanne Doiron	NB, CA	702	286	435	721
9. Shane Gladue	AB, CA	734	261	454	715
10. Feroz Mir	ON, CA	730	281	431	712
11. Stephanie Warren	NS, CA	717	299	410	709
12. Sarah Jackson	ON, CA	706	277	431	708
13. Stephen Mcpherson	NS, CA	748	260	447	707
14. Regan Lee	BC, CA	748	263	443	706
15. Tom Collier	NS, CA	752	325	379	704

* Results exclude Quebec

markerzone.com

metro

Vonn, Miller headline U.S. ski team
Lindsey Vonn and Bode Miller lead a list of U.S. skiers earning spots for the Vancouver Games. Vonn is rolling into Vancouver having won five straight World Cup downhill events this season. THE ASSOCIATED PRESS

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Sisters share road to Games

Just last season, Chandra Crawford's dream of cross-country skiing before family and fans at the Vancouver Olympics was disintegrating amidst misfortune and painful injuries.

Now, the Olympic gold medallist has secured a spot on the Canadian team and is on the comeback trail alongside biathlete sister Rosanna Crawford — and together they've adopted the title of "super lucky awesome sisters."

"Super lucky" seems to be overstating the case given recent setbacks, but it correctly reflects the outlook of the boisterous, glass-half-full Crawford clan of Canmore, Alta.

By 2008, Chandra, 27, had gone from Olympic sprint gold medallist in Turin and a World Cup leader, to a couch rider with intense shooting pains firing up her legs.

Adding to the family's worries, Rosanna, 21, developed a heart condition known as Atrial Tachycardia, where the heart races to dangerous levels. She says a doctor warned her she might have a heart attack were it not for her extreme fitness levels.

"We both had moments when we thought being together at the Olympics was never going to happen," Rosanna said from a recent competition site at Antholz, Italy, recalling a time when her heart raced to 250 beats as she attempted to train.

THE CANADIAN PRESS

Sisters Rosanna, left, and Chandra Crawford will be competing in the Winter Games.

Both had to go under the surgeon's knife, with Chandra's shins being cut open in 2008 to deal with compartment syndrome, and Rosanna heading to a heart surgeon in December 2008. The surgeon corrected a problem with a nerve that was the root cause of the biathlete's condition.

The sisters are preparing together for the run-up to the Games at a final training camp on Vancouver Island's Mount Washington, and the final push is on to reach for an upset.

"Everything is going great with my erstwhile injuries," writes Chandra in an email message. "Everything is working.

"I'm looking forward to walking in the opening ceremonies. I'm looking forward to my sister and I racing in stadiums that are separated by a mere few hundreds metres of ski trail." THE CANADIAN PRESS

Oldest Olympian takes it in stride

CANADA Curler Carolyn Darbyshire isn't sure she likes the distinction she's earned from her years of experience as she heads to the Vancouver Olympics.

But the 46-year-old, who plays second on Cheryl Bernard's rink, does see the humour in the fact she will be the oldest Canadian competitor — and one of the oldest overall — at these Winter Games.

"I chuckled," she said following a practice yesterday at the Calgary Curling Club. "It's not something I think about.

"I just go on day by day and I don't think of those things."

Bernard, 43, was surprised Darbyshire was the oldest.

"Carolyn is? No way. She doesn't look it. I was going to say Russ Howard if you meant ever," she chuckled. THE CANADIAN PRESS

Cross-country team loaded with potential

TALENT The official target for Canadian cross-country skiers at the Vancouver Olympics is one medal of any hue, but the team has enough depth to surprise before cheering fans on home snow.

Outside observers like Swiss coach Trond Nystad say the Canadians may break through to the podium in several of the 12 events.

"I am convinced that the Canadian men and women will perform at the Olympics," says Nystad, who has followed the steady improvement of the Canadians. "The talent is there."

Nystad points out that the North Americans will finally enjoy a hometown advantage, as opposed to living out of a suitcase on the European tour where they are unknown and often ignored.

In addition, each country is only allowed four entrants in the Olympic races, a rule that will help teams with less depth.

Cross Country Canada touts the men's team, which includes team leader Devon Kershaw and the rising star Alex Harvey — easily spotted by his shining cubic earrings — as a rising force since the 2006 Turin Games.

In January, both Kershaw and 21-year-old Harvey managed impressive top-10 finishes in the gruelling eight-race Tour de Ski. THE CANADIAN PRESS

Fired FNUC CFO sues school for wrongful dismissal

Former First Nations University of Canada CFO Murray Westerlund has filed a lawsuit against the institution, claiming wrongful dismissal. Westerlund alleged he was marginalized and then fired in December for writing documents detailing violations by FNUC officials. METRO NEWS SERVICES

Workology

U of T's Rotman scores big

The University of Toronto's Rotman School of Management ranks as the foremost Canadian business school in the Financial Times of London's latest top 100 survey of global MBA faculties, placing 45th overall. The other Canadian business schools to make the list are UWO's Ivey (49), York's Schulich (54), UBC's Sauder (82), uAlberta (86), and McGill's Desautels (95). METRO NEWS SERVICE

Rotman

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Cash, courses and careers

Feeling lost or poor at college or university? Consult these experts

Working at School

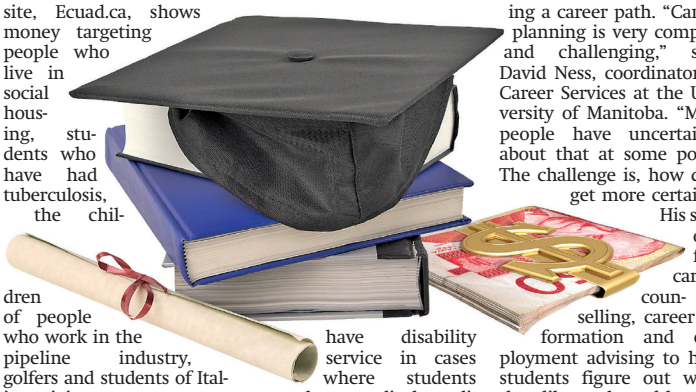
This is the last edition of Metro Workology's monthly series, Working at School. Don't miss next month's series on the careers in the food industry. Yum!

JON TATTRIE
for Metro Canada

Financing your post-secondary studies and parlaying them into a career can be daunting, but that's why universities employ experts to help students navigate a successful path.

Polly Liao, financial awards officer at Emily Carr University of Art and Design in Vancouver, says she often sees students concerned about footing the educational bill.

"I need to discuss their personal circumstances first, to determine what exactly they're looking for," she says. By getting a clear picture of their finances — what they have and what they need — she can show them what help is available. Internal scholarships are largely based in GPA, but external awards, scholarships, bursaries and grants help a huge and unpredictable range of people. A quick browse at the school's website, Ecuad.ca, shows money targeting people who live in social housing, students who have had tuberculosis, the children of people who work in the pipeline industry, golfers and students of Italian origin.



"We also have a First Nations area and they administer their own scholarship pool," Liao says. "We also have disability service in cases where students have medical conditions."

If students do opt to take out a loan, student services can then help them through the application process.

Once the finances are in place, the next step is picking a career path. "Career planning is very complex and challenging," says David Ness, coordinator of Career Services at the University of Manitoba. "Most people have uncertainty about that at some point. The challenge is, how do I get more certain?"

"Career planning is very complex and challenging. Most people have uncertainty about that at some point. The challenge is, how do I get more certain?"
uManitoba's David Ness

His staff offer career counselling, career information and employment advising to help students figure out what they like to do and how to do it for a living.

"There's a large number of university students who are unclear about their career paths and what they want to study," he says. "There might be conflict within a family about what path they want to pursue."

Career counselling can help resolve those issues.

The second phase focuses on providing information about hundreds of careers, including a career mentor program. "We hook the students up with someone working in an occupation they're interested in and they get to interview that person," Ness explains.

The information can help students eliminate potential paths and open their eyes to ones they might never have even heard of, let alone considered. Ness says working as prosthetist, the people who design artificial limbs, or as a non-destructive tester making sure buildings are safe against earthquakes, might be the perfect fit for some students, but "that's not the kind occupation most students think about coming out of high school."

Finally, employment advising staff help with resumé development, job searching and interviewing skills. The centre also holds career fairs and links to personal counselling if students have issues like social anxiety difficulties that are affecting their job hunt.

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Little change in used car demo: J.D. Power
The demographics of Canadian used-vehicle buyers changed very little in 2009, compared with 2008, according to a report by J.D. Power and Associates. In 2009, the age of the typical buyer increased to 45 years old, from the 2008 average of 44 years old. CANADIANDRIVER.COM

Metro Drive

Down to the wire
The finalists for the Canadian Car of the Year are: BMW 335d Sedan, Volkswagen Golf GTI and Volkswagen Golf Wagon TDI. The winner will be announced at the Toronto auto show Feb. 11.
METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Mazda2 on its way

Mazda will bring the Mazda2 sub-compact to Canada this summer.

JIM ROBINSON
for Metro Canada

2010 Mazda2
Type: Subcompact (Euro version)
Price: Not available
Engine: 1.5L
HP: 102
Torque: 101 lb-ft

Highlights
- Cool, stylish look
- Quiet ride
- Available in Canada this summer

Mazda wants, literally, to put a little Zoom Zoom in your life.

This summer, it will introduce the subcompact Mazda2 in Canada and the U.S. Originally shown at the 2007 Frankfurt Motor Show, it is also sold as the Demio in Japan.

Mazda Canada has wanted this car since it was announced and, finally, they will have a contender in the growing Canadian subcompact segment to go up against the likes of Toyota Yaris, Honda Fit and the Ford Fiesta that shares much of the Mazda2's underpinnings.

In Europe it is offered with a choice of a gasoline 1.3-litre or 1.5-litre engine and a 1.4-litre diesel. Tested here is the 1.5-litre which is an inline, four-cylinder unit with twin cams, variable valve timing and fuel injection for 102 hp and 101 lb-ft of torque driving the front wheels with a standard five-speed manual or optional four-speed automatic transmission. I drove the 1.5-litre with the automatic.

The car tested here is a Russian specification model and is roughly similar to what is coming this summer.

Interestingly, 95 per cent of the Mazda2 is recyclable and it contains no lead, chromium, mercury or cadmium.

Another thing going for the Mazda2 is its styling. It is anything but with a pugnacious stance that is more pronounced by two character lines, one along the rocker panel and one at the belt line. T

The interior is standard fare for a Japanese small car, charcoal throughout. Instrumentation is simple and the car tested here came with power windows and mirrors.

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Return to tradition in Paris

Paris' 16th arondissement, home to the Arc de Triomphe and Champs-Elysées, embraced the opening of the new Villa & Hotel Majestic on Jan. 12, 2010. This contemporary interpretation of French luxury offers a choice of 52 guestrooms and suites. METRO NEWS SERVICES

Travel

Welcome to ABBAworld

The Swedish quartet that gave the world Dancing Queen and has sold 400 million records since its 1970s heyday now has a new museum-theme park in London, England, with enough music, mementoes and memory-lane appeal to satisfy even the most fervent ABBA fan. The exhibition tells the band's story in 25 rooms spread over 2,800 square metres. Visit abbaworld.com for more details. THE ASSOCIATED PRESS

EDITOR: BEN.RYCROFT@METRONEWS.CA

7 Super Bowl suggestions

How to get the most out of Miami and what to expect from hotels, security

There's nothing like the Super Bowl. From the pre-game parties to after day hangovers, Super Bowl is an unparalleled experience.

Hotels will be jammed up and down the east coast of Florida and all through Miami. If you are planning to go, here are some tips to make your Miami Super Bowl experience hassle free.

1

Super Bowl XLIV (44) will be at Dolphin Stadium, just north of downtown Miami. Hotels in the area will book fast, beginning with the popular Art Deco hotels on South Beach. North Miami and Fort Lauderdale hotel rooms are a good alternate option that can offer lower prices. Many 2010 Super Bowl hotels in the Miami area will require deposits, multiple-day stays, and will not allow for cancellations.

2

The weather changes quickly on the coast. It could be warm and luxurious or cold and brutal. Be sure to pack sunscreen, and warm weather wear, as well as a jacket and gloves.

MIKE TOMLINSON/THE ASSOCIATED PRESS

Miami Beach is one of the most beautiful stretches of sand on the planet.

3

Security at Dolphin Stadium will be tight, so it is best to leave your backpacks and coolers at the hotel room or at the tailgate. Any beverages with a seal broken will be confiscated. You will also want to leave your valuables in the safe at the hotel room. Super Bowl Week draws pickpockets as well as sports fans.

4

Parking will be restricted at Dolphin Stadium.

But transportation from hotels will be plentiful.

No parking is available for recreational vehicles in NFL controlled lots surrounding Dolphin Stadium. Individuals with tickets must purchase parking permits for Dolphin Stadium. Many hotels will offer access to busses or shuttles to the game.

5

Every hotel will be only minutes away from some great Miami activities. Fishing charters or renting a sailboat are available at one of Miami's many marinas. There is the traditional airboat ride out of Cooperstown. Or you can hit up one of the numerous golf courses that dot the coast.

Great deals

- Check out super-bowl-hotel-rooms.com for deals on hotels.
- For Super Bowl packages check nflonlocation.net/superbowl.php

6

Looking for a sports bar? Some of the best include: Mr. Moe's Restaurant and Bar in Coconut Grove, Shula's Steak in Miami Lakes or the Hooligan's Pub & Oyster Bar on Dixie Highway.

7

After the hangover from the game wears off, head down to one of Miami's many beaches.

South Miami or Fort Lauderdale are some of the best stretches of beach in the world. Grab some hair of the dog and go.

THE CANADIAN PRESS

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Geldof's Avatar payoff
Avatar has swelled Bob Geldof's bank account — he's reportedly set to make $80,000 US from the hit movie. The former rocker is one of several stars who ploughed cash into a scheme offering tax-relief to film investors. FEMALEFIRST.CO.UK

Entertainment

Dance card

Paula Abdul has a million reasons to appear on Dancing with the Stars. ABC has offered Abdul a $1 million US development deal, with one catch — she has to appear on DWTS. TMZ.COM

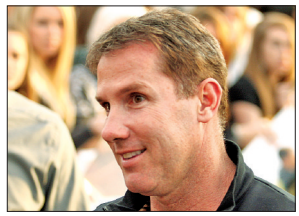
EDITOR: DEAN.LISK@METRONEWS.CA

Sparks shines bright

Bestselling author has Hollywood knocking on his door

NED EHRBAR
Metro World News

With 15 bestselling novels and six film adaptations under his belt, Nicholas Sparks is one of the most successful writers working today — and he does in fact sit down to work every single day. The man behind, the Notebook, A Walk to Remember and the upcoming Dear John sat down with Metro to chat about film adaptations, the state of the publishing industry and making people cry.



Nicholas Sparks is the author behind Dear John, which opens in theatres next Friday.

Dear John opens in theatres next Friday

Q When you write a book now, is a film adaption in your mind?

A No, I'm a novelist. Movies come, movies go, and the day I figure out Hollywood, I think I'll be the first in town. It's a complicated thing, and that's a world that I can't control. The only world that I can control is the world of writing a novel, because if I write it, it will get published.

Q But there isn't a part of you thinking, How will this be adapted?

A No, it isn't. The only way I think about film in the process of writing is to be aware of films with the knowledge that I'm trying to write an original story. I don't want to write a book that's been written before, even by myself. At the same time, I don't want to write a novel that feels like you just saw it in a movie. For instance, I would never write a love story set on the Titanic. It was never a book. It would be original in literature, but it's not original.

Q What's your interaction level with your readers?

A It's minimal. For the most part I'm not recognized. I could walk down through the lobby right after this interview and nobody's going to know who I am. I get tons of fan mail, and everybody gets an answer. Well, almost everybody. I don't do Twitter, but I do have a very extensive website. And I think I have a Facebook page that my publisher runs. I don't even know how to get onto Facebook.

Entertainment in brief

PEOPLE Justin Timberlake will soon have a new piece of hardware for his trophy case — a pudding pot. The Grammy and Emmy award winner was named Harvard's Hasty Pudding Man of the Year. Timberlake will receive the award at a roast set for Feb. 5.Hasty Pudding Theatricals said that the singer-songwriter, was selected because he's "one of pop culture's most influential entertainers."

MOVIES American filmmaker Tim Burton will head the jury at the 2010 Cannes Film Festival. The Edward Scissorhands and Charlie and the Chocolate Factory director says heading up the nine-member jury in May is a "great honour." Organizers of the French Riviera festival made the announcement Tuesday. The 63rd Cannes festival will be held May 12 to 23. THE ASSOCIATED PRESS

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James Cameron is king of the world again
20th Century Fox said Tuesday that the director's sci-fi spectacle, Avatar, has passed his shipwreck saga Titanic to become the highest-grossing film worldwide. THE ASSOCIATED PRESS

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CHRIS PIZZELLO/AP PHOTO
Kristen Stewart (left) plays Joan Jett (right) in The Runaways

Jetting to the top

FILM FESTIVAL Joan Jett kicked open doors for women to rock out in a man's music world. So when the time came for a film drama on how she got her start, Jett wanted to be on hand to help make sure the story was told right.

Jett was an executive producer for The Runaways, a Sundance Film Festival premiere that spins the raucous tale of her first band in the 1970s. The all-girl group of teenagers — branded as a gimmick at the time — left behind some hard-rocking music in their short time together.

"Everybody knows Joan Jett, but nobody really knows how hard it was to become her."
Kristen Stewart

Twilight star Kristen Stewart plays Jett and her The Twilight Saga: New Moon colleague Dakota Fanning plays Cherie Currie, The Runaways' lead singer. The film captures the hurdles they faced at a time when the notion of female guitar gods was practically unheard of.

"Everybody knows Joan Jett, but nobody really knows how hard it was to become her," Stewart said. "We've grown up being told that we, us girls, can do whatever we want, and that just wasn't the case for them."

In an interview at Sundance ahead of the film's premiere Sunday, Jett recalled the reactions that greeted the Runaways as they rocked with the passion of the Ramones or the Sex Pistols.

"It was initially kind of laughing, like that kind of smiling, going, 'What are you doing? You can't do this. Girls don't play rock 'n' roll.' And when they saw were really serious about it, the attitude kind of changed," Jett, 51, said. "Anything from really just insulting and dirty, nasty things. Calling us names, every name that you can call a woman. Just stupid things. Bands feeling threatened by us.

"You'd think that in the rock 'n' roll world, I guess people think of it as a liberal sort of thing and it wouldn't be a problem, but guys in bands had problems with it. We wouldn't get sound checks because people were threatened."

Directed by Floria Sigismondi, who adapted the screenplay from Currie's memoir, the film follows the Runaways' quick rise to a record deal and superstardom in Japan through their hasty fall amid drugs and ego clashes.

The Runaways tracks Jett to the start of her career fronting the Blackhearts, with whom she scored hits with I Love Rock 'n' Roll, Crimson and Clover and other singles in the early 1980s.

"I knew from the minute I met her that she was going to be the godmother of rock 'n' roll," Currie told the Sundance audience after The Runaways premiere. "And I was right." Jett said she was on The Runaways set every day, helping Stewart capture her posture, her guitar style, her East Coast Maryland accent.

THE ASSOCIATED PRESS

Rae healing through music

In the months after her husband died, Corinne Bailey Rae was fixated on the grieving process — specifically, whether there is a right and a wrong way to mourn.

It's not as if Rae acted inappropriately after the death of Jason Rae from a drug overdose in 2008.

The Grammy-nominated singer-songwriter, who dazzled the music world in 2006 with her sunny, silky self-titled debut, dropped out of sight after the tragedy. She spent a good part of her days simply resting and, when she felt like it, taking walks or spending time with loved ones.

JIM COOPER/AP PHOTO, FILE
Singer Corinne Bailey Rae

She was also confused, in a haze, not knowing how to go forward after the destiny she thought she had was forever altered.

"I'm not familiar with that kind of shock that lasts all that amount of time," the 30-year-old recalled. "It just sort of takes ages to sink it. You feel it and then you don't feel it; you know what's happened and then you don't really know what happened. . . .

"Somebody wrote me a letter saying that you need to surrender to it, which I was like, 'Well, how do I surrender?'"

While Rae still has not come to terms with her loss, she has determined that the grieving process is unique and different for everyone. And for her, it included channelling her emotions into her music. The result is her touching, tender new album, The Sea, started before the death of her husband but finished more than a year later.

"There are other people that have had these similar experiences ... all different kinds of loss and I feel like a lot of people don't really sing about it in popular music," said an upbeat, reflective Rae during a recent interview. "I want to be that one voice that is saying that this is also a human experience that is worth making music about."

When Rae first started working on The Sea, she was determined to make an album that grew from the dreamy, groove-based tunes — such as Put Your Records On — that were becoming her signature. She was looking for sounds that were more aggressive, funky and complex.

Read tomorrow's Metro for a review of her new album

"I wanted to make another record that was a partner to, and an answer to, the first album," the British musician said of her debut CD, which sold more than one million copies in the United States alone.

"I wanted to write something that was able to match that excitement that we'd feel in the audience."

She had already started working on new music when her 31-year-old husband, described as a recovering addict, was found dead due to an overdose of methadone. In the aftermath,

Rae found herself struggling to adapt to a role she never anticipated: widow.

"The shock of it is still really with me," she said. "It's hard to imagine that it's not going to go back to how it was."

THE ASSOCIATED PRESS

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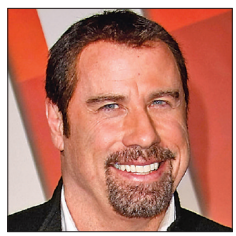
SECOND CUP

Travolta pilots jet with supplies and Scientologists to Haiti

CELEB AID John Travolta has flown a jetliner carrying relief supplies into the Haitian capital, along with doctors and ministers from the Church of Scientology. The 55-year-old actor piloted his own Boeing 707 from Florida with six tonnes of ready-to-eat military rations and medical supplies for survivors of Haiti's devastating Jan. 12 earthquake late Monday. His wife, Kelly Preston, was also aboard.


John Travolta

"We have the ability to actually help make a difference in the situation in Haiti and I just can't see not using this plane to help," says Travolta.

Travolta compared the mission to aid efforts following Hurricane Katrina in New Orleans. "We were there right away, with this airplane, because you know we have the ability and the means to do this so I think you have responsibility on some level to do that."

Aid groups have been desperate to fly their own planes into the overstressed airport. UN humanitarian spokeswoman Elisabeth Byrs said Tuesday that at least 800 planes with relief items are on a waiting list for the airport, which can handle only about 130 flights a day due to a lack of space to park planes as they unload.

Travolta and Preston returned to Florida as soon as their supplies and passengers were unloaded.

THE ASSOCIATED PRESS

Zellweger joins film fest jury

The Berlin Film Festival says Oscar-winning actress Renee Zellweger has joined the jury for this year's competition. THE ASSOCIATED PRESS

Grammy Awards get young

Beyoncé Knowles, Taylor Swift lead nominations at upcoming show

The past two Grammy Awards ceremonies have ended on similar notes.

In 2008, jazz legend Herbie Hancock — then 68 — climbed the stage to collect his 12th career Grammy, besting more buzzed-about competitors Amy Winehouse and Kanye West in the album of the year category.

Last year, it was Alison Krauss and Robert Plant who brought their collective career Grammy count up to 33, beating out such MTV-friendly competition as Lil Wayne (who had the year's bestselling album), Coldplay and Ne-Yo (along with Radiohead) for album of the year, and amassing a show-high five trophies.

Going into Sunday's show, Beyoncé leads with 10 nominations, followed by eight for 20-year-old crossover country sensation Taylor Swift.

But some expert observers feel that if the Grammys want to skew to a younger audience, they'll need to do more than just dole out nominations to poppy, teen-friendly acts

GETTY IMAGES

Beyoncé Knowles leads this year's Grammy Award nominations with 10. Country star Taylor Swift follows with eight.

— those performers will need to take home some trophies, too.

"I think it's time that the Grammys started appealing to a broader demographic and I think they're finally realizing that things need to change," MuchMusic VJ Devon Soltendieck said in a telephone interview.

"Sixteen-year-old kids don't want to watch Robert Plant win a Grammy. They don't. Unless he's with Led Zeppelin, they just don't."

"To somebody who's 16, Eric Clapton feels geriatric. The Grammys' nominating committee is probably realizing they need to be more diverse, and they really need to appeal to a broader number of people."

Indeed, while the 64-year-old Clapton did receive two nominations this year, many of the marquee awards at the 52nd Grammys seem to be stacked in favour of a younger generation of artists.

Beyoncé, Swift and upstart electro-pop oddball Lady Gaga will duel in each of the show's three biggest categories (album, record and song of the year). At 28 years old, Beyoncé is the senior of the three.

The Black Eyed Peas received six nominations (including nods for record of the year), along with Maxwell and Kanye West, and French house producer David Guetta, Jay-Z and Gaga each took five nods.

THE CANADIAN PRESS

Catch the Grammy Awards this Sunday

	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
1/27/10 primetime	267 351 - ACCESS	Alberta Primetime (Live)		Old Christine	The Middle	*Never Been Kissed* ★★ (1999, Romance-Comedy)				Primetime
	243 317 3 CFCN	etalk	Access H.	To Be Announced		American Idol (HDTV) (N)		To Be Announced		CTV News
	- - 4 OMNI	King/Queens	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Ugly Betty
	- 371 5 KXLY	State of the Union "2010" (HDTV) (Live)			KXLY 4 News	Lost: The Final	Modern Family	The Middle	Cougar Town	Entertainment
	245 306 6 CBRT	Wheel Fortune	Jeopardy! (N)	Dragons' Den (HDTV) (N)		Republic of Doyle (DVS)		CBC News: The National		The Hour
	244 338 7 CICT	ET Canada	Entertainment	The Deep End (N)		House		Kitchen Nightmares (N)		News Hour
	246 - 8 CKAL	Law & Order: Special Victims		Modern Family	Cougar Town	Mercy (HDTV)		Modern Family	Cougar Town	EP Daily
	119 705 9 CBXFT	Virginie (SC)	L'Épicerie	Le Moment de vérité (SC)		Mirador "Vulnerabilités" (SC)		Le Téléjournal Nouvelles. (SC)		TJ Alberta
	- - 10 SHAW	(6) Local Programming						Local Programming		
	- 372 12 KREM	State of the Union "2010" (Live)			TBA	Old Christine	Gary Unmarr	Two/Half Men	TBA	The Doctors
	- 374 14 KSPS	PBS NewsHour (N)		Unchartered Territory		The National Parks: America's Best Idea (DVS)				Tavis Smiley
news	502 390 15 CBC	CBC News: The National		Comic Books Go To War		CBC News: The National		CBC News: The National		Comic Books
	- 370 16 KHQ	State of the Union "2010" (HDTV) (Live)				Mercy (HDTV)		News	Millionaire	Jeopardy! (N)
	- 373 22 KAYU	State of the Union "2010" (HDTV) (Live)			Two/Half Men	American Idol (HDTV)		The Office	Raymond	News
	297 652 37 WPIX	Life Unexpected (HDTV)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According/Jim	Family Guy
	500 500 29 CNN	State of the Union "2010" (Live)				Anderson Cooper 360		Larry King Live (Live)		State/Union
	508 502 31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400 400 21 TSN	NHL Hockey	Tennis Australian Open, Women's Semifinals. (HDTV) From Melbourne, Australia. (Live)							
	408 418 27 net	(6) WHL Hockey Moose Jaw Warriors at Saskatoon Blades.				Skiing FIS World Cup Skicross.		Sportsnet Connected (N)		Ult. Fighter
	410 403 30 SCORE	College Basketball Florida State at Duke. (Live)				Score Now		Score Now		Score Now
family	411 457 44 OLN	Operate-Repo	Operate-Repo	Ghost Hunters Academy		Destination Truth		Operate-Repo	Operate-Repo	Ghost Hunters
	417 406 48 SPEED	Pass Time (N)	Pass Time (N)	Wrecked	Wrecked	Pass Time	NASCAR Hub	Dangerous Drives (HDTV)		Pass Time
	552 543 20 YTV	iCarly	To Be Indie	iCarly	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557 541 39 FAM	Han. Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
	555 545 67 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
cable variety	575 583 11 CMT	According/Jim	According/Jim	Home Improve.	Home Improve.	Due South		Amer. Funniest Home Videos		Reba
	553 546 17 TREE	Little Bear	Bucket-Dinos	Babar	Big & Small	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505 398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602 568 23 W	House-Sell	House-Sell	Supernanny		Dine With Me	Grocery Bag	The Restaurant	The Restaurant	Chef Worthy
	521 560 24 TLC	I'm Pregnant	I'm Pregnant	Toddlers & Tiaras (N)		Strange Sex (HDTV)		I'm Pregnant	I'm Pregnant	Toddler-Tiara
	603 561 25 FOOD	Iron Chef America		Chopped "A Nori Story"		Restaurant Makeover		Diner, Drive-In	Unwrapped	Chopped
	615 520 26 A&E	Bounty Hunter	Bounty Hunter	Steven Seagal	Steven Seagal	Steven Seagal	Steven Seagal	Bounty Hunter	Dog the Bounty Hunter	
	617 522 32 SHOW	Trailer Park	Trailer Park	Relic Hunter		*You Belong to Me* (2008, Suspense) Shannon Elizabeth.				HawthoRNe (N)
	601 562 33 SLICE	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada	What Happen?	Real Housewives-Atlanta		Housewives
	- 633 34 ENC2	(6:50) *Bullet to Beijing* ★★ (1995, Suspense), Mia Sara				*Gossip* ★★ (2000, Suspense), Lena Headey			*Altered States* ★★★ (1980)	
	520 505 35 DISC	License to Drill "Paydirt"		Mayday "Out of Control"		Daily Planet		Mayday "Out of Control"		The Colony
	620 523 36 BRAVO	Wingfield	Star Portraits	White Collar "Hard Sell"		Law & Order		Without a Trace		White Collar
	294 650 40 WPCH	College Basketball		Law & Order: Special Victims		The Office	The Office	*Mrs. Winterbourne* ★★ (1996, Comedy)		
	626 547 41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Little Britain
	- 539 42 TCM	(6) *My Son John* (1952)		(8:15) *I Was a Communist for the F.B.I.* (1951, Docudrama)				*The Manchurian Candidate* ★★★ (1962)		
	628 584 43 SPIKE	Ways to Die	Ways to Die	Ways to Die	MANswers (N)	Ways to Die	Ways to Die	MANswers	Ways to Die	CSI: Crime Scn
	522 516 45 HIST	Re-Inventors	Re-Inventors	Ice Pilots NWT (N)		Nostradamus Effect (N)		Ice Road Truckers		Ice Pilots NWT
	627 528 46 SPACE	Chuck (HDTV) (N)		Supernatural (HDTV) (N)		InnerSpace (N)	Stargate SG-1		Star Trek: Next Gener.	
	- - 47 AMC	(6) *The League of Extraordinary Gentlemen*				*Force 10 From Navarone* ★★ (1978, War) Robert Shaw, Harrison Ford, Barbara Bach.				
	619 525 49 TROP	Project Runway Canada		Rescue Ink		Hoarders "Jake; Shirley"		Hoarders "Augustine"		Parking Wars
	600 564 50 HGTV	Property Virgin	Unsellable	House Hunters	House Hunters	Holmes on Homes		Agent-Agent	Intervention	Property Virgin
	501 391 52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504 508 70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
	526 507 92 VIVA	The Closer		Cold Case "One Night"		Mediums	Ghostly Enc.	Judging Amy "Requiem"		Missing
	269 350 93 APTN	APTN InFocus	The Fraser River Journey		Wings-Canada	*Seven Times Lucky* ★★ (2004, Crime Drama) Kevin Pollak.				Mixed Blessing
	- - 94 MCP	World News	News	Sewing Maid	Immortal Yi, So	Van. Nights	Iranian Pop	Sabor Latino		Sabor Musical
	571 581 100 MMM	Gene Simmons Family Jewels		Entourage	Wild 'n Out	mmtop10.ca		Gene Simmons Family Jewels		Entourage
	570 580 101 MM	Video on Trial	Video on Trial	My Date With...	disBAND	MuchOnDemand		Pimp My Ride	My Own	Love Court
	581 566 102 MTV	The Real World		The Real World "D.C."		MTV Live	After	Buried	Life of Ryan	Real World
	- - 116 TV5	(6) *3 amis*	Lumière	A Table	Mixeur	TV5 Le Journal	Prédateur		(10:35) Adopte-moi	

Half-pint Tequila?
Tila Tequila says she's pregnant and she's willing to confirm it — for a price, TMZ.com reports. The website says Tequila is shopping around an ultrasound image she says proves she's having a baby. METRO NEWS SERVICES

Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

ROB THOMAS keeps himself in check, **KEVIN SMITH** gets nostalgic, **SARAH SILVERMAN** can't find any deals, and **KIRSTIE ALLEY** puts her diet in perspective.

@ThisIsRobThomas everyday i wake up and say "i'm not going to work out today" then i taunt myself until i make it down to the gym.

@ThatKevinSmith 13 years ago today, CHASING AMY had its world premiere @ Sundance97. Been trying to make as good a flick ever since.

@SarahKSilverman Big sales are really only great if you're a size zero or 14.

@kirstiealley GOING TO DINNER....TINY LITTLE BIT THAT IT IS...lol...enough to wittle me down. and huge compared to our HAITI friends..will return soon shower after it is wet!

METRO WORLD NEWS

The Dicaprio slasher

SHE KNOWS SCARS ARE SEXY A woman accused of hitting Leonardo Dicaprio in the face with a glass during a Hollywood party in 2005 will be extradited from Canada to the U.S. to face charges, female-first.co.uk reports.

Former model Aretha Wilson allegedly attended a party at the Hollywood Hills home of Paris Hilton's ex Rick Salomon when she allegedly slashed the actor's face. According to police reports, the Titanic star needed 17 stitches to his face and ear.

Wilson, 39, was arrested in Los Angeles and charged with assault with a deadly weapon but fled the country before sentencing.

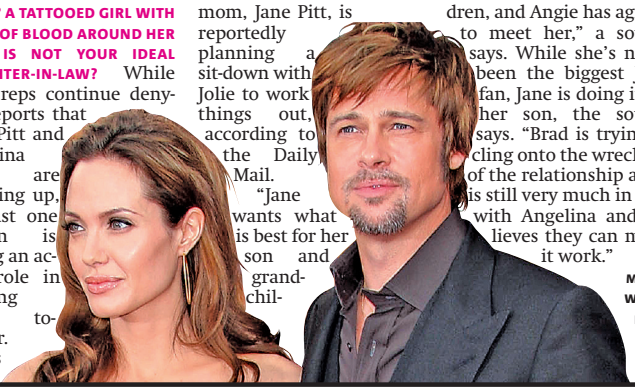
According to TMZ.com, Wilson was taken into custody in Ontario last week and has agreed to be extradited back to the U.S.

Dicaprio is expected to testify in the case.

METRO WORLD NEWS

Momma Pitt to the rescue

WHAT? A TATTOOED GIRL WITH A VILE OF BLOOD AROUND HER NECK IS NOT YOUR IDEAL DAUGHTER-IN-LAW? While their reps continue denying reports that Brad Pitt and Angelina Jolie are breaking up, at least one person is taking an active role in keeping them together. Brad's mom, Jane Pitt, is reportedly planning a sit-down with Jolie to work things out, according to the Daily Mail.



"Jane wants what is best for her son and grandchildren, and Angie has agreed to meet her," a source says. While she's never been the biggest Jolie fan, Jane is doing it for her son, the source says. "Brad is trying to cling onto the wreckage of the relationship as he is still very much in love with Angelina and believes they can make it work."

METRO WORLD NEWS

Take the poor sod back

AND BY POOR, I MEAN VERY VERY RICH After spending time with Tiger Woods at his rehab facility, Elin Nordegren is reportedly willing to give their marriage another chance, according to Radar Online.

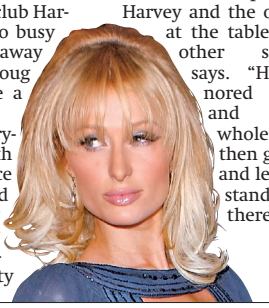
"She was happy when she came home," a source says. "He's told her he's serious about making it work and doing whatever he can."

Though she's been photographed in recent weeks without her wedding ring, sources tell the website that Nordegren is calling off any divorce talks.

METRO WORLD NEWS

Paris poo-pooed at party

BUT SHE'S A RESPECTED ACTRESS ... OH WAIT Paris Hilton hasn't been having the best time at the Sundance Film Festival, according to Page Six. First, at a party at nightclub Harry O's, she was too busy keeping women away from boyfriend Doug Reinhardt to have a good time.



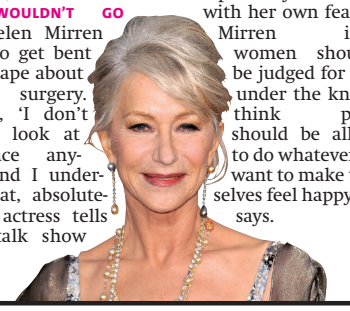
"The girl was trying to dance with Doug," a source says. "Paris asked everyone if they knew her. Nobody did, so she demanded security throw her out." Then later, Hilton was snubbed by Weinstein Company honcho Harvey Weinstein at a different party.

"Paris tried to speak to Harvey and the others at the table," another source says. "He ignored her, and his whole crew then got up and left her standing there."

METRO WORLD NEWS

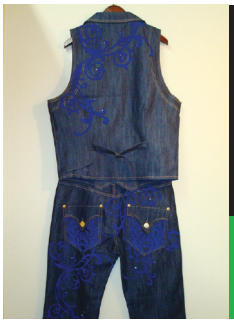
Comfortable in her own skin

THAT SAID, A FEW GLYCOLIC PEELS WOULDN'T GO AMISS Helen Mirren refuses to get bent out of shape about plastic surgery. "You go, 'I don't want to look at that face anymore,' and I understand that, absolutely," the actress tells British talk show GMTV.



While she's perfectly comfortable with her own features, Mirren insists women shouldn't be judged for going under the knife. "I think people should be allowed to do whatever they want to make themselves feel happy," she says.

METRO WORLD NEWS



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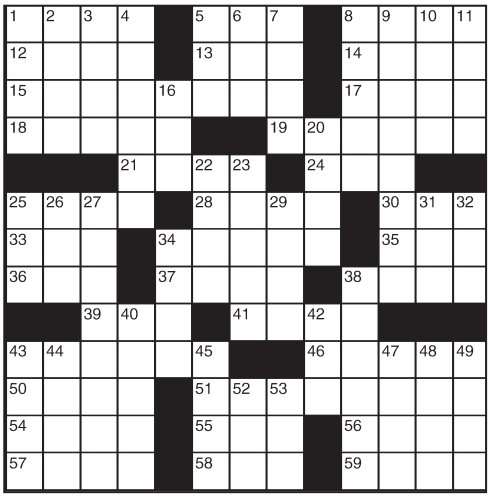
Thursday Afternoon Clouds -2 C / -13 C
Friday Partly Sunny -3 C / -11 C

BT BREAKFAST TELEVISION

Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS AT 6 A.M.

Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			6	5				9
9		4		1		7		
					9			3
	6	7	4	9		8		
		2				9		
		9		3	2	1	4	
6			3					
		8		2		3		4
4				7	5			

ACROSS

1 Trade
5 In bygone days
8 Foil cousin
12 Tittle
13 Archer's need
14 Picture of health?
15 Offer
17 Sit for the photog
18 Calyx component
19 Skiers' mecca
21 Lead-in to pit or pool
24 Bonfire residue
25 Get a glimpse of
28 "Hey, sailor!"
30 "Cabaret" lyricist
33 Kids' card game
34 Credit or respect, slangily
35 U.S. spy org.
36 Id counterpart
37 Sushi bar supply
38 Legendary tale
39 Shell game need
41 Elbow counterpart
43 Oniony rolls
46 Hide
50 Part of A.D.
51 Trait
54 Dance part
55 Debtor's letters
56 Peruse
57 Firetruck need
58 Trawler gear
59 Wise one

DOWN

1 Tries the tea
2 Sported
3 On
4 Benedict's office
5 Tummy muscles
6 State of India
7 Barn birds
8 Former Montreal team
9 Prediction
10 Relaxation
11 Spuds' buds
16 Bullring bravo
20 Potato chip brand
22 Rani's wrap
23 Big jolt
25 Lamb's dam
26 Succumb to gravity
27 Barbecue fuels, often
29 Admitting clients
31 Morsel
32 "Humbug!"
34 Beseech
38 Parking lot array
40 Run off to marry
42 Kreskin's claim
43 Hit hard
44 Grooving on
45 Whirl
47 Neighborhood
48 Unescorted
49 Stevenson villain
52 Shad product
53 Chic no more

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

P	L	O	W	■	A	S	H	■	E	B	B	S		
A	I	D	E	■	M	O	A	■	N	O	L	O		
W	E	E	D	L	E	S	S	■	D	R	O	P		
■	■	■	D	U	N	■	B	L	A	N	C	H		
U	N	P	E	G	■	R	E	A	L	■	■	■		
T	O	A	D	■	S	E	E	D	L	E	S	S		
A	N	T	■	S	T	U	N	S	■	P	O	I		
H	E	E	D	L	E	S	S	■	J	E	A	N		
■	■	■	R	I	P	E	■	K	E	E	P	S		
C	H	E	A	P	O	■	L	I	T	■	■	■		
L	O	A	F	■	N	E	E	D	L	E	S	S		
O	U	S	T	■	I	W	O	■	A	R	E	A		
P	R	E	Y	■	T	E	N	■	G	R	A	Y		

3	7	2	1	6	8	5	9	4
1	4	6	5	9	2	8	3	7
8	9	5	4	3	7	6	1	2
7	5	3	9	8	4	2	6	1
4	6	1	7	2	5	3	8	9
9	2	8	3	1	6	7	4	5
2	8	9	6	5	1	4	7	3
6	3	7	2	4	9	1	5	8
5	1	4	8	7	3	9	2	6

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Pappardelle with Chicken and Cherry Tomatoes

INGREDIENTS:
2 tbsp (25 mL) olive oil
1 red onion, halved and thinly sliced
2 garlic cloves, crushed
4 skinless chicken breast fillets, cut into 3/4 -in. (2-cm) cubes
14 oz (400 g) cherry tomatoes, halved
14 oz (400 g) pappardelle
5 oz (150 g) arugula

METHOD:
1. Heat olive oil in frying pan with lid. Add onion and garlic; cook gently 2 minutes. Add chicken and stir-fry over medium heat until lightly coloured. Reduce heat slightly and stir in tomatoes. Cover pan and cook, stirring occasionally, 8-10 minutes or until tomatoes are soft and chicken is cooked through.

2. While sauce is simmering, cook pasta in pot of salted boiling water according to pack instructions. Drain.

3. Stir arugula into sauce and season to taste. Tip pasta into warmed serving bowl. Spoon over sauce and toss gently to combine thoroughly. Serve.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Moderation is essential today. If you go to extremes or make promises you may not be able to deliver on you are asking for trouble.

TAURUS ♉
APRIL 21-MAY 21
Someone in a position of authority will smile on you today and it could be the start of a partnership that you come to rely on.

GEMINI ♊
MAY 22-JUNE 21
You have a tendency to worry about small and unimportant issues and that is something you need to watch out for over the next 24 hours.

CANCER ♋
JUNE 22-JULY 22
With Venus, planet of romance, opposing Mars today you could be lucky in love, but only if you are prepared to overlook someone's flaws.

LEO ♌
JULY 23-AUG 23
You may find it hard to keep your emotions under wraps today, but that's not a bad thing. Don't be afraid to open your heart.

VIRGO ♍
AUG 24-SEPT 22
Whether or not you enjoy certain tasks depends on your attitude: if you think they are going to be boring they will be boring.

LIBRA ♎
SEPT 23-OCT 23
Venus, your ruler, and Mars oppose each other across the most creative axis of your chart today, which means you'll have a lot of fun.

SCORPIO ♏
OCT 24-NOV 22
Be careful you don't come on too strong today, especially at work where you could clash with someone in a position of authority.

SAGITTARIUS ♐
NOV 23-DEC 21
You seem to be in a positive frame of mind at the moment and that's good because there could be a few minor setbacks today.

CAPRICORN ♑
DEC 22-JAN 20
Try not to get involved in a war of words today or people will think you have something to hide — and that could be a problem.

AQUARIUS ♒
JAN 21-FEB 18
If you can get through the day without throwing a tantrum or throwing in the towel your love life will not only survive but prosper.

PISCES ♓
FEB 19-MARCH 20
Resist changing methods and routines that work well. The danger is that if you change one thing you will have to change just about everything

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family & friends
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This day in history

1700: The island of New Britain is discovered.
1860: Abraham Lincoln makes a speech at Cooper Union in the city of New York that is largely responsible for his election to the Presidency.
1951: The Twenty-second Amendment to the United States Constitution, limiting Presidents to two terms, is ratified.
1964: The government of Italy asks for help to keep the Leaning Tower of Pisa from toppling over.
1974: People magazine is published for the first time.
1986: The United States Senate allows its debates to be televised on a trial basis.

METRO NEWS SERVICES

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CITY: 8.0L/100KM – 35 MPG▼

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IN ITS CLASS (EXCLUDES HYBRIDS)*

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5-Door or Sedan

HWY: 5.7L/100KM – 50 MPG
CITY: 7.9L/100KM – 36 MPG▼

★★★★★
FIVE-STAR SAFETY RATING◊

◊◊EXCLUDING FREIGHT, PPSA AND ADMIN FEES

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For the latest information, visit us at gm.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE: ‡ $500 Gold Medal bonus cash is a manufacturer to dealer delivery credit (tax exclusive) available on all 2009/2010 Chevrolet models excluding Camaro, Express, Corvette ZR1 and Medium Duty Trucks. † Financing available on approved GMAC credit only. 0% purchase financing available for 72 months on 2009 Chevrolet Cobalt (1SM)/Aveo (1SM). Down payment and / or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment / trade. Example: $10,000 at 0% for 72 months, the monthly payment is $138.89. Cost of borrowing is $0, total obligation is $10,000. *Freight, licence, insurance, registration, PPSA and admin fees not included. Applies only to 2009 Aveo, 2009 Cobalt delivered on or before February 1, 2010. Limited quantities of 2009 models available. ‡†‡ /*Offers apply as indicated to new or demonstrator models. Dealer trade may be required. Dealers are free to set individual prices. Limited offers subject to change without notice. Offers apply to qualified retail customers in Alberta Chevrolet Dealer Marketing Association area only. See your GM dealer for details. ▼Based on Natural Resources Canada's 2009 Fuel Consumption Guide Ratings. Your actual fuel consumption may vary. ◊ U.S. Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (NCAP). For more information on safety ratings, go to www.safercar.gov. • Return between 30-60 days with less than 4,000km. Program applies to 2009 and 2010 models only; excludes Demos, Fleet, Lease Vehicles and Medium Duty trucks. Maximum damage allowed of $200. Vehicle usage fee and other restrictions apply. Not available with some other offers. ◆◆Available at all Chevrolet, Buick, GMC dealers. No purchase necessary. While quantities last. See dealer or gm.ca for additional details.◆Applies to 2009 Cobalt XFE (1AJ37/69). Based on Natural Resources Canada's 2009 Energuide data and GM vehicle segmentation for the Compact Car - Regular segment.